

## Idioms related to age

Created: Tuesday, 21 February 2017 11:35 | Published: Sunday, 05 March 2017 13:51 | Written by [Shailja Varma](#) | [Print](#)

Age is something that is never shared and asking a girl or a woman her age, is considered bad manners. People rarely talk about their age and salary. Although, while conversing in English, people refer to idioms related to age to give a hint about their age, no one wants to reveal their actual age and want to be referred to as a sweet sixteen. Sweet sixteen is regarded as the characteristic age of prettiness and innocence in a girl. In today's blog, we will discuss some idioms, related to age.



### 8 age idioms one must know

#### 1. I am having a senior moment

Meaning - I am being forgetful.

Generally in this phase of life, memory starts fading or mental functions slow down which is not unusual. However, the person suffering might not necessarily be advanced in age, even though senior citizens are more likely to experience such cases.

E.g. That day my dad went to the bank to deposit the already deposited money. He had a senior moment.

#### 2. Act your age

Meaning – This phrase is used when an adult is acting like a child.

Example –

Payal- Hey kid, come on! Let's play hide and seek.

Mom- Payal, don't be stupid. Act your age.

#### 3. He lived to a ripe old age

Meaning – A very old age

Example - At the ripe old age of seventy-two, he was carrying a heavy bag in heavy rains, slipped and fell.

#### **4. I am not over the hill yet!**

Meaning - This is an informal way to say old.

Example – Who said you are old? You are not over the hill yet.

#### **5. She's in her early twenties**

Meaning – This means someone is between 20 and 24 years of age.

Example – Is she in studying? No, she is in her early 20's.

#### **6. I am not as young as I used to be**

Meaning – I am old

Example - Grandfather to grandson- No Ricky I won't be able to bat now. I am not as young as I used to be. Sorry son.

#### **7. He's no spring chicken**

Meaning - The phrase 'No Spring Chicken' is usually used in a negative way to describe someone who is no longer young, probably past his young adulthood, and sometimes doesn't realize it and tries to look and act younger than his age.

Example-Why does Mr Suri behave like this? He's no spring chicken.

#### **8. Mutton dressed as lamb**

Meaning – This phrase is referred to a middle-aged woman who tries to look younger by dressing like younger people.

Example – Look at Sunaina aunty. She looks as if a mutton has dressed up as a lamb in jeans.

The above idioms related to age, will help you to impress others with your English communication skills. Moreover, an [English-speaking course](#) is all you need to improve your spoken English and train yourself to use idioms like a pro.

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