

## 5 Things to avoid doing at an interview

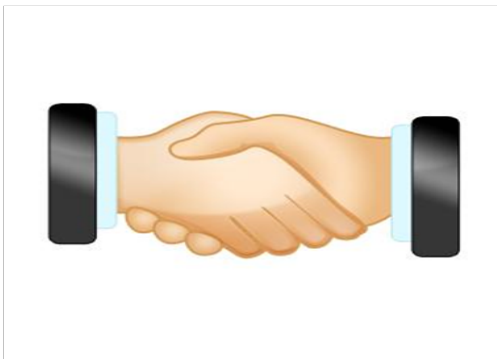
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Of course, we've all heard of candidates who have looked exuberant on paper but a personal interview was a total disappointment. You don't want that to happen to you, do you? And to ease those creases on your forehead, we're here with a list of "don'ts" at a job interview. Besides, with the market decreasing in terms of job opportunities, due to the competitive levels, messing up even a single interview is not worth the risk. You must understand the fact that it is essential to make a 'good' first impression.



Learning from one's mistake has always been the philosophy of man; let's take a look at the 5 worst interview blunders to avoid:

**1. Lame handshake:** It takes just three brief seconds to complete a handshake, yet the first three seconds of your interview could be spoiled if you portray loose shake of hands. An ineffective handshake would drop the entire build up your resume would have depicted to the employer. Always remember your handshake says more than you know.



**2. Avoid badmouthing your prior employer/ colleagues:** In an interview, it's always best for you to focus on the positives. Keep the spirit of the interview high by emphasizing on things that interest the interviewer. Never show your disrespect for any of your colleagues either, be prepared with a positive spin on your experiences.

**3. Talking too much:** Having a good hold over the English language need not have you talking constantly. Have your [English communication skills](#) tightened and wrapped to the extent of always talking to the point. Beating around the bush will get neither of you anywhere. [Speak in fluent English](#) like a confident, apt candidate.



**4. Showing up late:** Read up on job etiquettes to have you deal with petty issues like this. Turning up at an interview later

than the scheduled time shows how unprofessional, disinterested and unpunctual you are. This works towards some serious negative marking in the eyes of the interviewer. Besides, nowadays time is very precious for every single human being and you should respect that.



**5. Verbal blockage:** An intimidating interviewer is bound to have you fumbling for words. Yet you need to keep your calm and relax your mind to have the right set of words flowing out of your mouth. Avoid fill-ins such as, "umm", "like", "you know". Slap on your [spoken English skills](#) and speak with confidence. Make sure to maintain eye contact and not have your eyes wandering while answering a question.

**Tip:** It is possible that your communication skills are not as polished as the person interviewing you, yet it is important for you to stick to your knowledge of the English language. Work on your interview skills and watch the difference between getting the job offer and being the runner up. Avoid the above-mentioned pitfalls and you will be ready to go on your hunt and score yourself a job. All the best!

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- By Monika Agarwal

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