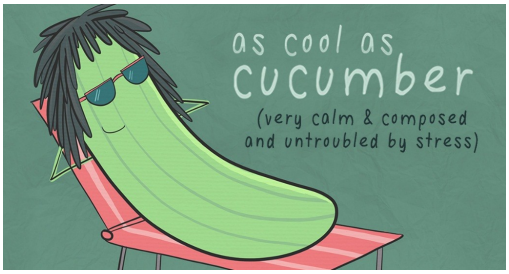
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7 must know English expressions about food

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We all love food, don't we? We love food so much that we even use food related expressions while communicating. These expressions are nothing but phrases and idioms which are not necessarily connected to food but have food related terminologies. These idiomatic expressions don't mean what they appear to mean.They have a literal meaning and a figurative meaning. Let us learn some expressions about food that is generally used by a native speaker.



Must Know Food Idioms

1. To butter somebody up

Meaning – To butter somebody up means praising or flattering somebody. This is done because you want something from an individual.

Example –Neha is buttering her boss to get the promotion.

2. To be the cream of the crop

Meaning - To be the cream of the crop means best of the best. It generally refers to people or things that are of high brilliance.

Example – Meena was the cream of the crop in her class.

3. To drop like a sack of potatoes

Meaning - To drop like a sack of potatoes means someone or something has fallen quickly and hit the ground hard. Generally, a sack of potatoes is heavy and when it falls it makes a really loud sound.

Example – Sudeeksha was in a hurry that she didn't see the banana peel and dropped like a sack of potatoes.

4. There's no use crying over spilled milk

Meaning – We use this phrase or expression when someone is feeling sad about a past mistake or an incident.

Example –After her break up, she cried and cried. We advised her not to cry and said there's no use crying

over spilled milk.



5. To eat you out of house and home

Meaning –To have someone eat you out of house and home mean that a person has eaten all your food and left you with scraps or nothing.

Example –It was a perfect weekend with pizza and suddenly my friends came over and ate me out of house and home.

6. It is easy as pie

Meaning - It is easy as pie means it is very simple to do.

Example – I was stuck in a maths problem for the last half an hour but my friend found that problem easy as pie.

7. You are the apple of my eye

Meaning – It means that they are the one who you admire, love and want.

Example – After so many ups and downs in their relationship, he proved that she is the apple of his eye.

The above food idioms will help you to impress others with your English communication skills. Moreover, an English speaking course is all you need to improve your spoken English and train yourself to use idioms like a pro.

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- By **Chander Madan**

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