

How To Speak About Your Strengths In 1 Minute?

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A Critical Job Interview Question Is: What are your strengths?

No matter whether you are applying for a high post or an entry-level job, this question is commonly asked by interviewers. The employer wants to gauge what a candidate can do for the organization and why one should be hired. Hence, it is important for everybody to prepare this question before facing an interview. When you are talking about your weakness, it is important to sound honest. Similarly, when talking about your strengths, it is important to not sound egotistical.



Tips To Describe Your Strengths

Quick learner, committed to work, punctual, positive attitude, dedicated, hard worker – these are some of the adjectives that you can use.

Align Your Strengths With The Company's Requirements

Many job-seekers aim at stating out all positive attributes. For example: I am outgoing, hardworking, detail-oriented, easy-going, independent, so on and so forth. This is a wrong approach to speak out all the adjectives that you know. Instead, choose what you say. For example, I am a multi-tasker and can adapt and learn quickly. It is important that you identify the strengths that are job-related. If you are applying for a post of a teacher, you should talk about your soft skills. But if you are applying for an IT job, you could highlight your experience with the different software and how you can tactfully solve the most difficult problems in no time.

Focus and Stay Modest

It is better to keep a list of your strengths handy. Make a list with at least five strengths that you will be comfortable discussing. It is difficult to get over your hesitation and speak nice things about oneself, and hence, this list will come as a rescue. Make sure you list down the authentic strengths that you have and try to put your strengths with examples.

Sample Answer:

I am good writer and that gives me confidence to take up the role of an analyst. My power of narration helps me to put down complicated topics in a simple manner and this attribute will help the organization paint the

right picture in front of the clients.

In conclusion, you just have one chance to sell your abilities to an employer and this question gives you the right opportunity to do so. Therefore, start the preparation by first making the list of your strengths. For more tips and tricks, you can join our online spoken English class and get the confidence to excel at interviews.

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- By Shailja Varma

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