

## 10 English Body Idioms

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Idioms are a group of words whose meaning is different from the literal meaning. Idioms are expression, a phrase. They have hidden meaning. For Example- “Kick the bucket”, it means to die. There are many other idioms too which are related to body. These are known as Body idioms.

### Some of the Body Idioms are:

#### 1. All ears: full attention

**Example-** Her all ears were here when we were talking about that matter.

**Example-** We should keep all our ears open while listening to a teacher during a lecture.

#### 2. Cold feet: nervous

**Example-** She was having cold feet before the event.

**Example-** We had to help her calm down because she was having cold feet.

#### 3. Cost an arm and a leg: very expensive

**Example-** I tried to convince her not to buy that phone as it would cost her an arm and a leg.

**Example-** Nowadays, it seems to be very difficult to buy anything as it costs an arm and a leg.

#### 4. Get something off one's chest: tell someone your problem

**Example-** She wanted to meet me because she had to get something off her chest.

**Example-** You should get something off one's chest so that you can live happily.

#### 5. Keep an eye on: to take care or protect

**Example-** I am really worried. Please keep an eye on her.

**Example-** They appointed a watchman to keep an eye on the society.

#### 6. Lips are sealed: promise to keep a secret

**Example-** I trust my best friend. I know her lips will be sealed.

**Example-** He told me to seal my lips till the party is over.

**7. Makes my blood boil:** makes me very angry

**Example-** It makes my blood boil when someone always tells lies.

**Example-** Today, teacher's blood boiled as no one had completed their homework.

**8. Pat on the back:** Thank you

**Example-** Today, our teacher was so happy that she patted on our back.

**Example-** He patted on the back because I helped him do his homework.

**9. Pull one's leg:** to tease someone

**Example-** My friends always pull my leg no matter what.

**Example-** She always pulls my leg in front of everyone.

**10. Give a hand, lend a hand:** help someone

**Example-** We should always give a hand to someone in need.

**Example-** God will give a hand to us if we give a hand to someone in need.

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**- By Shailja Varma**

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