

# How to Talk About a Particular Problem you are Facing?

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Facing a problem can get you stressed, but knowing how to tackle the issue maturely and going about its solution is the best way to proceed. Of course, watching you all harassed and frazzled is going to have your loved ones questioning you about what is wrong... What do you do then? A smart man once said, sharing your troubles and venting it out will help you relax and probably slash your worries down to half. So, when given an opportunity to talk about a particular problem you're facing, speak your mind and heart out.



## Talk to your best friend:

You feel comfortable and at ease discussing your issues with your "bestie". So be it! Give him/her a call and make plans to catch up. In this case, it is essential that you speak face to face to the listener rather than conveying your discontent over the phone. A face to face conversation would enable you to be more expressive and clear.

## How to speak?

Yes, you are facing a problem, yet don't go all out lashing at the individual at fault while describing your issue to your friend. Collect yourself together and speak with an appropriate tint of maturity. Avoiding complications and confusions, speak in English. While describing, consider speaking slowly and in fluent English to avoid any unwanted mix-ups. Being unsure about your English communication skills should be fine, as it is your best friend who you're conversing with.

**A conversational example:**



**Situation:** Khloe is going through a hard time in her life, she doesn't want to talk to her family about it because they are a little miffed with her. She resorts to talking it out with her best friend Rob.

**Type of conversation:** Face- to- face!

**Rob:** Hi Koko! What's up? How's it going?

**Khloe:** Hey Rob. Quite a lot of things have been up. And to add to that, nothing positive.

**Rob:** Oh Koko! You and the issues that follow you around... Ha- ha!

**Khloe:** Very funny! This time I am in a serious fix.

**Rob:** Okay- Okay. I'll get serious. Tell me all about what's wrong, I am sure I'll be able to find a solution.

**Khloe:** Listen. My roommate has been a pest lately. She throws her things around the house and messes the entire place up. She leaves her dirty clothes in the bath room and I eventually end up picking them. Her shoes and slippers are scattered in the house like it were her shoe wardrobe, she's managed to open an entire mall in the bedroom with a scattered set- up of bags, clothes and accessories.

**Rob:** She sounds so hygienic! Ha- ha.



**Khloe:** Wait! That's not it. She invites her friends over and flings around pizza boxes and plastic cups. I can't even talk to my parents about it as they were against me moving out of home in the first place. I have spoken to her a million times but she has paid no heed . Now it really feels helpless!

**Rob:** What's there to feel helpless about? If you've told her about it and she's still not doing the needful, ask her to leave. Speak to the owner, give her a one month notice period and ask her to leave by the end of the month. One just can't create a nuisance while living with a roommate. Problem solved... Oh! And for your next roommate experience, please make sure you have your 'clauses' ready in advance.

**Khloe:** Yep. Feels, so much lighter. Thank you Rob, there's a reason why you are my best friend, Solution guru! Ha- ha...

While learning [how to speak in English fluently](#) focus on two main points:

- Simple spoken English conversation
- Easy spoken English

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**- By Monika Agarwal**

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